youth wellness hubs ONTARIO | carrefours bien-être pour les jeunes DE L'ONTARIO

NOVEMBER 2026

705-268-0400

HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON

SCHOOL YEAR HOURS MONDAY, TUESDAY AND THURSDAY: 10AM - 6PM | WEDNESDAY: HUB HQ 12PM - 4PM / ROTATIONAL 4PM - 8PM | FRIDAY: CLOSED | SATURDAY: 12PM - 4PM

02 Monday

Coffee Social @ Ciao
Meet at Hub HQ
For ages 18-25
2:00 pm - 3:00 pm

Homework Drop-in
For ages 12-25
3:00 pm - 5:00 pm

Dinner and Drop-in:
Chicken and Pasta
For ages 12-25
4:00 pm - 5:30 pm

03 Tuesday

Fibre Arts with Maegan
For ages 18-25
1:00 pm - 3:00 pm



Craft and Chat:
DIY Name Pennants
For ages 12-17
4:00 pm - 5:30 pm

04 Wednesday

@ Ross Beattie
For ages 12-25
4:00 pm - 7:30 pm

Gym (4:00 to 5:00)
Magic the Gathering
Board Games
Supper

*Bring indoor shoes and a water bottle

05 Thursday

Ramen and Anime Night
For ages 12-17
3:30 pm - 5:30 pm



07 Saturday

@ Mid-town Bowl
For ages 12-17
1:00 pm - 4:00 pm

Bowling and Pizza!
Meet at Mid-town Bowl

09 Monday

Coffee and Chat
For ages 18-25
1:00 pm - 3:00 pm

Homework Drop-in
For ages 12-25
3:00 pm - 5:00 pm



Dinner and Drop-in:
Lasagna
For ages 12-25
4:00 pm - 5:30 pm

10 Tuesday

Self-guided Social
For ages 18-25
1:00 pm - 3:00 pm

Foosball Tournament
For ages 12-17
3:30 pm - 5:30 pm

11 Wednesday

Movie Night: Wonka
For ages 12-17
3:30 pm - 5:30 pm



12 Thursday

Card Jam
For ages 12-25
3:00 pm - 5:30 pm

Come make thank you cards to give out to the community

All youth participating will be entered into a draw.

Pizza Supper!

14 Saturday

Open for appointments
For ages 12-17
12:00 pm - 4:00 pm

Family Info Session and Lunch
For parents/guardians of youth ages 12-25
1:00 pm - 2:00 pm



Free for all youth aged 12-25. The TYWH is a safe and welcoming space for all youth.

Always available: snacks, bus tickets, hygiene supplies + more.

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Hub Services & Supports

- Peer Support
- Care Coordination
- Hub Counsellor
- Single Session Counselling
- Housing Support
- Educational Support
- Employment Support
- Community Supports
- Primary Care: Sexual Health Clinic
- Virtual appointments

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16 Monday

Self-guided Social
For ages 18-25
1:00 pm - 3:00 pm

Homework Drop-in
For ages 12-25
3:00 pm - 5:00 pm

Dinner and Drop-in: Mac & Cheese
For ages 12-25
4:00 pm - 5:30 pm

17 Tuesday

NeuroSkills with SABIC
For ages 12-25
3:30 pm - 5:00 pm



18 Wednesday

@ O'Gorman Intermediate
For ages 12-25
4:30 pm - 7:30 pm

Open Gym
Board Games
Supper

**Bring indoor shoes and a water bottle!*

19 Thursday

2SLGBTQIA+ Social
For ages 18-25
1:00 pm - 3:00 pm



Queer Youth Equity Café: Transgender Day of Remembrance
For ages 12-17
4:00 pm - 5:30 pm

21 Saturday

Meet @ Hub HQ
For ages 12-17
12:00 pm - 4:00 pm

Patch sewing workshop with the Timmins Library and lunch!

23 Monday

Homework Drop-in
For ages 12-25
3:00 pm - 5:00 pm



Dinner and Drop-in: Shepherd's Pie and Veggie Casserole
For ages 12-25
4:00 pm - 5:30 pm

24 Tuesday

Support Session and Pizza
For ages 18-25
1:00 pm - 3:00 pm

Learn to Play: Azul!
For ages 12-17
4:00 pm - 5:30 pm

25 Wednesday

Hub Closed
for Staff Professional Development



26 Thursday

Cooking Workshop with ACT
For ages 18-25
1:00 pm - 3:00 pm

Support Session and Pizza
For ages 12-17
4:00 pm - 5:30 pm

28 Saturday

Open for Appointments
Ages 12-25
12:00 pm - 4:00 pm



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